



ELLIOTT EXPRESS



Mission Statement

*Quality choices in a caring and inclusive, home-like community.
A tradition of promoting dignity and independence
for those we serve and their families.*

VOLUNTEERS WANTED!

*Your Time.
Their Joy.*



Make a Difference. Change a Life. Strengthen Our Community.

Are you looking for a meaningful way to **GIVE BACK** to our community?
Why not volunteer!

WE ARE CURRENTLY LOOKING FOR VOLUNTEERS TO ASSIST IN:



PET VISITORS
Share the joy and comfort of a furry friend.



GENERAL STORE ASSISTANCE
Help our residents shop and enjoy our store.



OUTINGS & SPECIAL EVENTS
Help create fun, memorable experiences for our residents.

*Every hour you give
MAKES AN IMPACT.*



Interested? Contact
Michelle Holland



(519) 822-0491
ext. 2366



For more information
or to fill out an application.

Thank you for helping build a stronger, caring community!

To fill out an application, follow the link below:
[https://www.volgistics.com/ex/portal.dll/ap?
AP=163416735&OR=1](https://www.volgistics.com/ex/portal.dll/ap?AP=163416735&OR=1)



JULY OUTINGS



Tour of Reid's Chocolate Factory
Thursday July 9th Leaving at 9:00am
Cost is \$10 including transportation
plus spending money



BBQ Dinner and Classic Car Cruise Night
Tuesday July 14th Leaving at 4:30pm
Cost is \$10 transportation plus cost of dinner



African Lion Safari Tour
Wednesday July 22nd Leaving at 1:30pm
Cost is \$49.00 which includes transportation and
cost of tickets

Chocolate Favoris Ice Cream Outing
Tuesday July 28th Leaving at 1:30pm
Cost is \$10 transportation plus cost of ice cream



All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.

July Community Centre/Chapel

Programs & Events



Wednesday July 1st at 2:00pm

Canada Day Party with Celebrity Productions

Thursday July 2nd at 10:00am

Beyond Goats Animal Visit in the Courtyard

Friday July 3rd at 2:00pm

Young Guys 2 Performance



Wednesday July 15th at 2:00pm

Happy Hour with John Pebble

Thursday July 16th at 2:00pm

Birthday Party with Kim Atkins



Wednesday July 29th at 2:00pm

Accordion with Gary



Monday, Wednesday and Fridays

3:00-4:00pm- Summer Sips Program in the Cafe

\$2.00 for summer drinks

Tuesday and Thursdays



3:00-4:00pm- Summer Scoops program in the Cafe

\$4.00 for ice cream treats

July Theme Days!



Wednesday July 1st



CANADA DAY

Wear Red and White or your Favourite Canadian Gear to Celebrate Canada Day!!

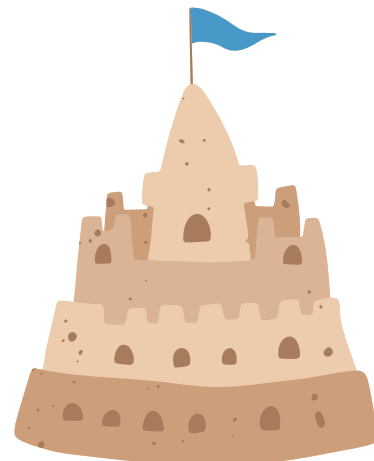


Monday July 27th



SUMMER BEACH DAY

Wear Bright colours, tropical prints or Beach Accessories!!



July Chapel Spiritual Programs



Wednesday July 8th at 10:00am

St. Andrew's Chapel Service

Wednesday July 15th at 10:00am

Roman Catholic Mass



Working on our Wings

Updates on The Butterfly Approach for Residents and Families



The Elliott Community is the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, person-centred and emotion-focused model of care. The Wellington, Fountain and Edinburgh home areas. The Butterfly Approach is in progress on the Eramosa and Paisley home areas. The Elliott Community is working towards accreditation in all long-term care home areas in 2026.

Paisley and Eramosa Balcony Bonanza

This spring the teams on Paisley and Eramosa were challenged to work together to transform their balconies into colourful, inviting spaces where people could get outside to enjoy the beautiful, Ontario summer. On Thursday, June 25 these home areas welcomed visitors to the balconies to enjoy a refreshment and vote on how well each space stimulated the sense.

Thank you to all who came out to visit and vote. The winning balcony will be announced in next month's issue of The Elliott Express. If you have not had the opportunity to check out all the beautiful balconies in long-term care at The Elliott Community, we hope you'll take a moment to visit and enjoy!

Welcome Peter and Uyen from Meaningful Care Matters on June 1 and 2. Eramosa and Paisley received their Butterfly mid-point progress review Audit on Monday, June 1 and Tuesday, June 2 during a visit from MCM team members Peter Bewert and Uyen Thuy Nguyen. Although we won't receive the formal report for a few more weeks, informal feedback confirmed that our Butterfly implementation on Paisley and Eramosa is on track. We will welcome them both back in October for our final Butterfly Accreditation Audit.

Thank you to the people who live here, their family members and team members who took the time to share your experience and feedback about The Elliott Community with Peter and Uyen while they were on-site and congratulations to the Paisley and Eramosa teams on your progress to date!

If you have questions or ideas regarding The Butterfly Approach, please contact Lindsay Marinovic, Resident Experience Lead at 519-822-0491 ext. 2110 or LMarinovic@elliottcommunity.org

INFECTION CONTROL & PREVENTION UPDATE

Preventing Urinary Tract Infections (UTIs): Small Steps, Big Impact

Urinary tract infections (UTIs) are among the most common infections affecting older adults in congregate settings. Preventing UTIs helps improve residents' comfort, reduces unnecessary antibiotic use, and supports overall health and well-being. Fortunately, simple daily habits can make a big difference!

Hydration is Key

Drinking enough fluids helps flush bacteria from the urinary tract and lowers the risk of infection.

Residents should be encouraged to:

- ✓ Drink fluids regularly throughout the day
- ✓ Choose water and other preferred beverages when appropriate
- ✓ Increase fluid intake during hot summer weather

Healthy Toileting Habits

Good bladder health starts with healthy habits.

Remember to:

- ✓ Encourage regular toileting and avoid holding urine for long periods
- ✓ Promote good perineal hygiene
- ✓ Ensure incontinent products are changed promptly when soiled
- ✓ Maintain dignity and privacy during personal care

INFECTION CONTROL & PREVENTION UPDATE

Recognizing Signs of a UTI

Older adults may not always experience the "classic" symptoms of a UTI.

Symptoms that should be reported to nursing staff include:

- ✓ Pain or burning with urination
 - ✓ Frequent urination
- ✓ New urgency or incontinence
- ✓ Lower abdominal discomfort
 - ✓ Fever or chills
 - ✓ Blood in the urine

Sudden confusion or changes in behaviour alone do not necessarily mean a resident has a UTI and should be assessed carefully for other possible causes.

✗ Myth: Cloudy or strong-smelling urine means a resident has a UTI.

✓ Fact: Changes in urine appearance or odour alone do not indicate a urinary tract infection. Residents should be assessed for specific urinary symptoms and other signs of infection before testing or treatment is considered.

July Takeaway

UTI prevention starts with everyday care. Hydration, good hygiene, regular toileting, and recognizing true signs of infection can help keep residents healthy and reduce unnecessary antibiotic use.

Together, we can make a difference—one glass of water at a time!



General Store Hours of Operation

	Morning	Afternoon
Monday	Closed	Closed
Tuesday	Closed	Closed
Wednesday	9:30-12:30pm	12:30-3:30pm
Thursday	9:30-12:30pm	12:30-2:00pm
Friday	9:30 - 11:30am	Closed
Saturday	Closed	Closed
Sunday	Closed	Closed

Thank you for your business!



THE HUB
BALNAR FAMILY FOUNDATION
COMMUNITY CAFÉ

JULY

SPECIALS MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3:00-4:00 ⁶ Summer Sips Happy Hour & Trivia 6:30-7:30pm	3:00-4:00 ⁷ Summer Scoops 	BBQ on the Patio ⁸ \$12 3:00-4:00 Summer Sips	8:30-11:30 Breakfast ⁹ \$10 3:00-4:00 Summer Scoops \$4.00 each Happy Hour & BINGO 6:30-7:30pm	 Fish & Chips \$14
3:00-4:00 ¹³ Summer Sips Happy Hour & Trivia 6:30-7:30pm	 3:00-4:00 ¹⁴ Summer Scoops	Seasonal Salad ¹⁵ Bowl \$12 NO SUMMER SIPS TODAY	NO SUMMER ¹⁶ SCOOPS TODAY Happy Hour & BINGO 6:30-7:30pm	Peameal Bacon ¹⁷ on a bun with Fries or Salad \$12 3:00-4:00 Summer Sips
3:00-4:00 ²⁰ Summer Sips Happy Hour & Trivia 6:30-7:30pm	3:00-4:00 ²¹ Summer Scoops 	12" Pizza ²² \$12  3:00-4:00 Summer Sips	8:30-11:30 Breakfast ²³ \$10 3:00-4:00 Summer Scoops \$4.00 each Happy Hour & BINGO 6:30-7:30pm	Fish or Shrimp ²⁴ Tacos \$12 3:00-4:00 Summer Sips
3:00-4:00 ²⁷ Summer Sips Happy Hour & Trivia 6:30-7:30pm	 3:00-4:00 ²⁸ Summer Scoops	Picnic ²⁹ Sandwiches & Salad \$12  3:00-4:00 Summer Sips	3:00-4:00 ³⁰ Summer Scoops \$4.00 each Happy Hour & BINGO 6:30-7:30pm	Chili CHEese ³¹ Nachos \$12 3:00-4:00 Summer Sips

NEW! Summer Sips in the Café

Refreshing summer drinks available in the café including lemonade, iced tea, and rotating seasonal favourites for \$2.00
Mondays, Wednesdays & Fridays
3:00-4:00 PM



NEW! Summer Scoops in the Café

Cool down with delicious ice cream treats & summer favourites in the café. for \$4.00
Tuesdays & Thursdays
3:00-4:00 PM

